	Time		Dis	tance	Location	Instruction	Comment
Fastest	0		Kms	Miles			
35kph	32kph	26kph					
	~~~	. 1	10				
うし	agt		(Sa)	iturc	lay 4th October 2	2003)	
11:00	11:00	11:00	-7.5		Sports Link car park	exit Sportslink onto R132 northbound	
11:00	11:00	11:00	-7.2		Junction with old airport road	turn left exit Sportslink onto R132 northbound	
11:02 11:04	11:02 11:04	11:03 11:05	-6.1		Dardistown Cemetary Traffic Lights Airport viewing point	turn left	
11:05	11:06	11:07	-4.3		Ballymun Kickhams Clubhouse "T" junction	turn right onto R108	
11:06	11:07	11:09	-3.5	-2.2	Airport summer car park entrance		
11:10 11:10	11:11 11:12	11:14 11:15	-1.4		"T" junction @ tip of runway Roundabout at tip of runway	turn right onto R122 turn right	
11:12	11:12	11:17	0.0		Start	rolling start if possible	
11:14	11:15	11:19	1.0		Veer Sharp Left		
11:17 11:23	11:19 11:26	11:24 11:32	2.8		"T" junction Roundabout at tip of runway		
11:25	11:20	11:32	8.0		Finish line (lap 1)		
11:40	11:44	11:55	16.0	10.0	Finish line (lap 2)		
11:53	11:59	12:13	24.0		Finish line (lap 3)		
12:07 12:21	12:14 12:29	12:32	32.0		Finish line (lap 4) Finish line (lap 5)		
12:34	12:44	13:10	48.0		Finish line (lap 6)		
12:48	12:59	13:28	56.0		Finish line (lap 7)		
13:01	13:14	13:47	64.0	40.0	Finish line (lap 8) [final lap]		
		~					
St	age	ע 2	$(S_{\alpha})$	ituri	lay 4th October 1	2003)	
	45				ay fin Ociober 2	2003)	
beed=	39kph		stance=	2km Finish			
irst Ride	or (1)	Start 16:01		16:04			
		16:51		16:54			
ast Ride	er (50)	10.51		10.54			
St	age	e 3		ında	y 5th October 20		
<b>St</b>	age		(Su -6.6 -6.2	unda -4.1	Sports Link car park	2003) exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound	
St	<b>age</b> 10:00 10:00 10:02	<b>2 3</b>	-6.6	4.1 -3.9		exit Sportslink onto R132 northbound	
10:00 10:00 10:02 10:04	<b>age</b> 10:00 10:00 10:02 10:04	<b>2 3</b> 10:00 10:03 10:05	-6.6 -6.2 -5.1 -4.2	-4.1 -3.9 -3.2 -2.6	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left	
<b>St</b> 10:00 10:00 10:02 10:04 10:05	<b>age</b> 10:00 10:00 10:02 10:04 10:06	<b>2 3</b> 10:00 10:03 10:05 10:07	-6.6 -6.2 -5.1	-4.1 -3.9 -3.2 -2.6 -2.1	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound	
10:00 10:00 10:02 10:04	<b>age</b> 10:00 10:00 10:02 10:04	<b>2 3</b> 10:00 10:03 10:05	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122	
<b>St</b> , 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10	10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12	<b>2 3</b> 10:00 10:03 10:05 10:07 10:09 10:14 10:15	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru'	
<b>St</b> , 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 <b>10:11</b>	10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b>	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 <b>10:15</b>	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b>	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b>	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122	
<b>St</b> , 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17	<b>age</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 10:12 10:18 10:19	<b>3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 <b>10:15</b> 10:23 10:24	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> 3.5 3.7	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> <b>0.0</b> <b>0.2</b> 2.2 2.3	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway <b>Start / Finish Line</b> Junction with road from Boot Inn Roundabout near Forrest Great	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru'	direction Naul
<b>St</b> 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17 10:21	<b>age</b> 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b> 10:18 10:19 10:23	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:07 10:15 <b>10</b> :15 <b>10</b> :15 10:23 10:24 10:28	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> 3.5 3.7 5.8	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> 2.2 2.3 3.6	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108	direction Naul
<b>St</b> 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:11 10:17 10:17 10:21 10:24	<b>age</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b> 10:18 10:19 10:23 10:27	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 10:15 10:23 10:24 10:28 10:34	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> <b>0.0</b> <b>0.0</b> <b>0.0</b> <b>0.0</b> <b>0.5</b> <b>3.5</b> <b>3.7</b> <b>5.8</b> <b>8.0</b>	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 0.0 2.22 2.3 3.6 5.0	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway <b>Start / Finish Line</b> Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound	direction Naul
<b>St</b> 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17 10:21	<b>age</b> 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b> 10:18 10:19 10:23	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:07 10:15 <b>10</b> :15 <b>10</b> :15 10:23 10:24 10:28	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> 3.5 3.7 5.8	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> 2.2 2.3 3.6 5.0 7.4	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108	direction Naul direction Garristown
<b>St</b> , 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17 10:21 10:24 10:33 10:43	<b>agge</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b> 10:18 10:19 10:23 10:23 10:34 10:36 10:47	<b>3</b> 10:00 10:03 10:05 10:07 10:09 10:15 <b>10:15</b> <b>10:23</b> 10:24 10:23 10:24 10:23 10:24 10:34 10:45 10:59	6.6 6.2 5.1 4.2 3.4 2.6 0.5 0.2 	-4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 -0.0 2.2 2.3 3.6 5.0 7.4 -8.1 11.8	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight	direction Garristown direction Garristown 2K
<b>St</b> , 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:21 10:24 10:33 10:43 10:49	<b>agg</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 10:12 10:18 10:19 10:23 10:27 10:34 10:34 10:34 10:34 10:35	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 <b>10:15</b> 10:23 10:24 10:28 10:34 10:34 10:45 10:59 11:08	6.6 6.2 5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> <b>3</b> .5 -0.2 <b>0.0</b> <b>3</b> .5 -0.2 <b>0.0</b> <b>1</b> .18 8.0 11.80 13.0 (18.9) 22.6	<b>unda</b> -4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 -0.0 0 2.2 2.3 3.6 5.0 7.4 8.1 11.8 14.1	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads crossroads crossroads	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight turn right continue on R130 eastbound	direction Garristown direction Garristown 2K direction Naul 9K
<b>St</b> , 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17 10:21 10:24 10:33 10:43	<b>agge</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 <b>10:12</b> 10:18 10:19 10:23 10:23 10:34 10:36 10:47	<b>3</b> 10:00 10:03 10:05 10:07 10:09 10:15 <b>10:15</b> <b>10:23</b> 10:24 10:23 10:24 10:23 10:24 10:34 10:45 10:59	6.6 6.2 5.1 4.2 3.4 2.6 0.5 0.2 	<b>unda</b> -4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> <b>0</b> <b>0</b> 2.2 2.3 3.66 5.0 7.4 8.1 8.1 8.1 4.1 1.1.8	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight	direction Garristown direction Garristown 2K
<b>St</b> , 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:21 10:24 10:33 10:43 10:43 10:43 10:53 10:57 10:59	<b>agg</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 10:12 10:18 10:19 10:23 10:27 10:34 10:36 10:47 10:54 11:03 11:05	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 10:15 10:23 10:24 10:23 10:24 10:34 10:43 10:45 10:59 11:08 11:13 11:18 11:21	-6.6 -6.2 -5.1 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> <b>0.0</b> <b>3.5</b> <b>3.5</b> <b>3.7</b> <b>5.8</b> <b>8.0</b> 11.8 13.0 18.9 22.6 24.6 27.0 28.3	<b>unda</b> -4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> 2.2 2.3 3.6 5.0 7.4 8.1 11.8 14.1 11.5 4 16.9 17.7	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway Start / Finish Line Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads Crossroads Garristown crossroads "T" junction top of climb (QOH - 1)	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight turn right continue on R130 eastbound straight turn left onto R122 northbound	direction Garristown direction Garristown 2K direction Naul 9K direction Naul 7K
<b>St</b> , 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:11 10:17 10:17 10:21 10:24 10:33 10:43 10:43 10:43 10:57 10:59 11:05	<b>agg</b> 10:00 10:00 10:02 10:04 10:06 10:01 10:12 10:12 10:12 10:13 10:19 10:27 10:34 10:36 10:47 10:54 11:05 11:12	<b>2 3</b> 10:00 10:00 10:03 10:05 10:07 10:09 10:14 10:15 10:15 10:23 10:24 10:23 10:24 10:34 10:43 10:45 10:59 11:08 11:13 11:18 11:21 11:30	-6.6 -6.2 -5.1 -4.2 -3.4 -2.6 -0.5 -0.2 <b>0.0</b> 3.5 5.8 8.0 11.8 13.0 18.9 22.6 24.6 24.0 28.3 32.0	<b>unda</b> -4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 <b>0.0</b> 2.2 2.3 3.6 5.0 7.4 8.1 11.8 14.1 11.8 14.1 15.4 15.4 16.9 17.7 20.0	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway <b>Start / Finish Line</b> Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads Crossroads Crossroads Garristown crossroads "T" junction "T" junction "T" junction	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight turn right continue on R130 eastbound straight turn left onto R122 northbound turn left onto R122 northbound	direction Garristown direction Garristown 2K direction Naul 9K direction Naul 7K direction Naul 4K
<b>St</b> , 10:00 10:00 10:02 10:04 10:05 10:06 10:10 10:10 10:10 10:11 10:17 10:17 10:17 10:21 10:24 10:33 10:43 10:43 10:49 10:53 10:57 10:59 11:05	<b>agge</b> 10:00 10:00 10:02 10:04 10:06 10:07 10:11 10:12 10:12 10:18 10:19 10:23 10:23 10:23 10:24 10:34 10:36 10:47 10:54 11:05 11:12 11:12	<b>3</b> 10:00 10:03 10:05 10:07 10:09 10:15 10:15 10:23 10:24 10:23 10:24 10:23 10:24 10:31 10:43 10:45 10:59 11:08 11:13 11:121 11:30 11:30	6.6 6.2 5.1 4.2 3.4 2.6 0.5 0.2 <b>0.0</b> 3.5 3.7 5.80 11.8 13.0 18.9 22.6 24.6 24.6 24.6 24.0 28.3 32.0 32.2	4.1 -4.1 -3.9 -3.2 -2.6 -2.1 -1.6 -0.3 -0.1 -0.0 2.2 2.3 3.6 5.00 5.00 5.00 7.4 8.1 11.8 14.1 15.4 16.9 17.7, 720.0 20.1	Sports Link car park Junction with old airport road Dardistown Cemetary Traffic Lights Airport viewing point Ballymun Kickhams Clubhouse "T" junction Airport summer car park entrance "T" junction @ tip of runway Roundabout at tip of runway <b>Start / Finish Line</b> Junction with road from Boot Inn Roundabout near Forrest Great Knocksedan Bridge "T" junction @ "S" bends (Ashbourne-Swords Crossroads Crossroads Crossroads Garristown crossroads "T" junction top of climb (QOH - 1) "T" junction at entry to Naul village	exit Sportslink onto R132 northbound turn left exit Sportslink onto R132 northbound turn left turn right onto R108 turn right onto R108 turn right onto R122 straight thru' <b>rolling start if possible</b> take first exit onto R108 turn left onto R125 westbound Straight turn right onto R130 northbound straight turn right continue on R130 eastbound straight turn right ronto R122 northbound turn right turn right turn left remaining on R122	direction Garristown direction Garristown 2K direction Naul 9K direction Naul 7K
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