

# 2005 TQ PAPER

## LADIES 2 DAY CYCLE RACE



TQ PAPER  
PAPER MERCHANTS

### Sponsors

Event Promoters:



**Dublin Wheelers  
Cycling Club**  
(Founded 1933)

Under the rules of the  
**Cycling Ireland**

Race Director  
**Ian Gallahar  
&  
Oliver McKenna**

### Stage 1 - Road Race (54 km approx.)

**- Sat 10th September @ 11:00**

Race leaves Ring Commons Sports Centre car park, Balrothery at 11:00. Race proceeds **neutralised** east to "T" junction with {N1}. Turn left Proceed north on {N1} to start/finish line in Balrothery [start of circuit]. **end of neutralised section – real racing begins. Garda assistance would be appreciated throughout the neutralised section of the race.** Proceed north. Turn left after 200m. Continue for 2.1 km. At cross roads (stop sign) turn left. Continue for 0.9 km. Turn left. Continue for 2.2km. At "T" junction (stop sign) turn left into Balrothery. Proceed through start/finish line [end of circuit – lap 1]. Repeat the circuit for laps 2 thru' 9. **Garda assistance would be appreciated at the finish line - particularly on the final lap.**

Finish times - Earliest: 12:38 Latest: 13:15

Distance summary 3.1 km neutralised to start of circuit + 9 \* 6.1 km laps of circuit.

### Stage 2 - Individual Time Trial (2 km)

**- Sat 10th September @ 15:30**

Time trial starts on Gormanstown Road near Huntsman Pub. First rider departs at 15:31. Competitors please note - The time-trial start is 8 km from Race HQ. Competitors must ensure that they allow sufficient time to travel from Race HQ to the time-trial start. Directions to the time-trial start will be posted in Race HQ. A TT startsheet will be posted in advance at Race HQ. The course is straight out (no turn). After finishing competitors must return to race HQ where results will be given out. **Since stage 2 is an individual time-trial on a road with no turns, it is not envisaged that Garda assistance will be needed for this stage.**

### Stage 3 - Road Race (72 km approx.).

**- Sun 11<sup>th</sup> September @ 10:00**

Race leaves Ring Commons Sports Centre car park, Balrothery at 11:00. Race proceeds **neutralised** east to "T" junction with {N1}. Turn left Proceed north on {N1} to start/finish line in Balrothery [start of circuit]. **end of neutralised section – real racing begins. Garda assistance would be appreciated throughout the neutralised section of the race.** Turn left after 200m. Continue past Gormanstown College to Huntsman pub. **Garda assistance would be appreciated here.** Turn left onto {N1}. Continue north joining "tail end" of {M1}. **Garda assistance would be appreciated here.** At "Old Mill" in Julianstown turn left. Just before motorway flyover turn right. Turn left at "T" junction. At Platten cement works turn left onto {R152}. Turn left towards Ardcath just after "BS Parts Yard". Proceed south through Ardcath (QOH-1) & Garristown (QOH-2). At Fox's shop turn left off {R130}. At "T" junction turn left onto {R122} Continue north on {R122} past "sisters" QOH-3 into Naul village. Turn right onto {R108}. Naul QOH-4. Nags Head. Turn left at Ballyboghil Bridge onto {R129}. Turn left at "T" junction onto {N1} **Garda assistance would be appreciated here.** Turn right at Murtagh's pub, Ballough. **Garda assistance would be appreciated here.** Finish & QOH-5 at "Man-o-War" pub.

Finish times - Earliest: 12:07 Latest: 12:55

Distance summary 3.1km neutralised + 72 km course in North Co. Dublin & Meath.

### Contacts

Prize Presentation - Sun 11<sup>th</sup> September, Race HQ @ 14:15

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